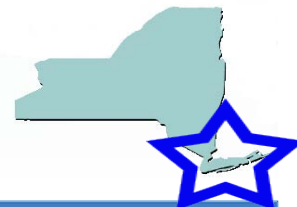


## District 46 Toastmasters

# The 46 Insider



Serving Metropolitan New York, Westchester, Nassau, and Suffolk

Newsletter Vol. 1, Issue 4



Steve Chen, DTM  
District Governor

## The New Year and the New You

It is that wonderful time of year again, friends, where we celebrate with our families and friends for the holidays and the coming year-- this new year of 2011! Are you considering a set of 2011 New Year resolutions? Becoming the best communicator and the most confident speaker possible is on many of our minds and is one sure way to achieve our true potential in our professional and personal lives. So, let me suggest that in your resolutions, you include one on becoming that confident and interesting speaker you know you can be. This year, I believe you will achieve it!



## Simple Formula for Your Success

You know that to become a confident speaker and leader is not hard; the hard part is to attend club meetings consistently. This may sound too simple, but it is. The club meetings offer you all the opportunities and tools you need to succeed. The Table Topics prepare you to think on your feet to deliver spontaneous and thoughtful responses on life's many unprepared situations at a moment's notice, or without any notice at all. Project Speeches provide you with opportunities to develop a thought, experience, or encounter into a polished speech, then deliver it in front of a warm and receptive audience while gaining confidence and speaking techniques in the process. And, of course, the Evaluations are not just to remove your "Ahs" and "Ums," important as that is, but to help you manage your "stage time" effectively, acquire the critical skills of listening, provide meaningful and welcomed suggestions constructively. All of this works in conjunction to help you develop into a more polished speaker. Believe in your club and members, participate in and help conduct interesting meetings, reap all the benefits of being an active member of District 46 Toastmasters, and you will assuredly achieve your goals of becoming that successful public speaker and leader.

## The Mission Possible

Many clubs remind members at the beginning of club meetings of the Toastmasters Club Mission: "The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every individual member has the opportunity to develop oral communication and leadership skills, which in turn foster self-confidence and personal growth." It is possible for your club to do it, too. It takes only 14.5 seconds (my unhurried speed) to read it, to remind members and guests of what your club is all about, so please incorporate its reading into your meeting agenda.

## Extra, Extra: Year of the RAM

Recently, we were honored to have our Region Advisor Marketing (RAM) Heather Perkins, DTM, visit us from Canada. As the Region 9 marketing advisor for all 6 districts in the Eastern United States and Canada, she has a large territory to cover, so we were very pleased to host her for 2 days in mid-December. However, we certainly worked RAM Perkins hard; she visited several of our district corporate and community clubs sharing successful membership ideas, attending our district meetings, speaking about new clubs, and giving workshop presentations at our officers training (TLI) on great member support by club and club leadership.

Friends and fellow Toastmasters, in this holiday season and in looking forward to the possibilities of another new year, I wish you and your families happiness and success, and I hope you will believe in yourself to achieve all that you set out to accomplish in 2011!!

Photo provided by: Ralph M. Ferraro  
of Knickerbocker Toastmasters Club



"District 46 Governor shows off the district mug to RAM Perkins on her official visit"

*Believe it, Achieve it!*



Raisa Serebrenik, DTM  
Lt. Governor Marketing

## THE NEW CLUB IS COMING TO TOWN

It may be freezing outside but everyone in the meeting room felt warm from the energy built up in that room. I am talking about Demonstration meeting at AllianceBernstein L.P. that took place on December 16, 2010. AB Toastmasters club was launched on that day with the help of the dynamic team of Dennis Fokas, Julian Hernandez, Michelle Edery, Jose Garcia and Raisa Serebrenik. 27 new members have joined the District 46 family. I would like to express my gratitude to the members of the Demo team and also to welcome Chung Ma, Clarissa Koh, Vivian Lubrane, Peg DiOria, Timothy Pan, Sammy Suzuki, Kuntal Sanghvi and Charles Alvarez who are the members of that new club leadership team. Bon Voyage to AB Toastmasters!!



## NEW CLUB CHARTERING CEREMONIES

Ceremonies were conducted during the month of December to recognize new clubs that were chartered after July 1, 2010. D46 Governor Steve Chen and D46 LGM Raisa Serebrenik



together with new club sponsors, mentors, Area and Division Governors have visited Williams Lea, The Hartford and Times Toastmasters to present those clubs and its members with the chartering certificates.



In December, District 46 celebrated 3 new club charter ceremonies: the Times TMs (pictured here), the Williams Lea TMs and the Hartford TMs.

## District 46 New Year Membership Campaign "The New Beginnings" January 1, 2011 – January 31, 2011



COUNTDOWN  
to NEW YEAR  
2011

This contest is about starting 2011 year with a bang! Clubs adding 2 and more members during the month of January will be recognized. Plan the membership contest in your club and motivate every member to get involved. Now is the time to begin building up your membership and win great prizes as we enter a New Year!

## District 46 Membership Building Challenge Continues throughout the year 10/01/2010 – 06/30/2011

D46 Heavyweight Champions	D46 Middleweight Champions	D46 Lightweight Champions
Clubs with gain of 15 members and above	Clubs with gain of 10 members and above	Clubs with gain of 5 members and above



## A New Club is on Horizon



Did you ever wonder what does it take to start a new club? You may even wondered, “I would like to do it but I don’t know where to start? Who can help me? Where I can find a meeting space?” Guess what? We have so many enthusiastic and passionate members who care about others and would like to help to bring a new club into District 46 family. The District 46 Marketing Team is also there to help you.

There are millions of people living in New York. Think about how many need help to overcome their fear of public speaking. They don’t know that a Toastmasters club may exist across the street from where they work or in the neighborhood where they live.

Two of our members, Winnie Mou and Anne Lai, are the co-founders of the new club with a lovely name Jade. Anne and Winnie spring forward this initiative with trailblazer team of Derek Chen and Michelle Wang. The initial idea to build Mandarin/English bilingual Toastmaster club was born by Winnie two years ago. With the support from Area Governor, District officers and many other Toastmasters, Anne and Winnie have brought this idea into reality.

The uniqueness of Jade Toastmaster Club is that they provide a warm and supportive learning environment to polish Mandarin/English bilingual communication skills. Speaking both languages is not prerequisite of joining this club. The club held its Demonstration meeting on November 30, 2010. The district members Derek Chen, John Schafer, Jennifer Chan, Kedeasha Simpson, Carol Brooks, Zinur Yamayev, Celine Leung, Adam Kornfield, Raisa Serebrenik and Steve Chen came to support the founding members of that club. Zinur, who is currently learning the Chinese language, was giving his speech #6 in Mandarin language while Carol gave her speech in English.

The club’s name Jade derives from Chinese. “In order for the Jade to become a precious object, it must go through several sculpted processes.” This club will provide excellent opportunities for their members to become “a shining star”. If this is what you are looking for, look no further – you are welcomed with open arms into this club. We need 12 more new members to officially charter that club. If you know people who would benefit of practicing their Mandarin/English bilingual skills, please refer them to that club.

The club has already held their first meeting at their new location at 27 East 27 Street in Manhattan. They are meeting from 6:15 pm – 8:15 pm every 2nd and 4th Tuesdays. If you would like to join or visit this club please contact Anne or Winnie at [Jadetm2010@gmail.com](mailto:Jadetm2010@gmail.com).



1st row (from the left): Anne, Nina, Winnie, Arline, Kim, Carol.  
2nd row (from the left): Raisa, Rafay, Zinur, Guest, Derek, Ralph, Irena.

## Travelin’ Toastmasters Honor Roll

*Irina Fadeyeva • Calvin Kerr • Lois Lynn*





Penelope Boehm, DTM  
Lt., Governor of Education and Training

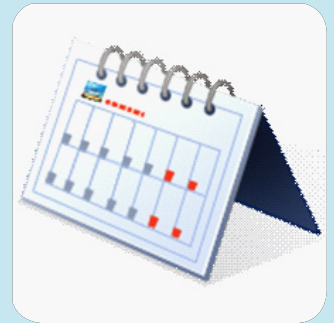
## EDUCATION DEPARTMENT DATES

### REQUIRED OFFICER TRAINING December 1, 2010 - February 28, 2011

All seven club officers are expected to attend training twice a year – once in the summer, and now a second time in the winter. These trainings, including 7 Toastmaster Leadership Institutes, have already been scheduled, beginning with last Saturday's Super Saturday, December 11th, and continuing through February 28th. Please go to the District website to register – [www.Toastmasters46.org](http://www.Toastmasters46.org).

### EVALUATION AND INTERNATIONAL SPEECH CONTESTS CHECK THE DISTRICT WEBSITE FOR THE DATES YOUR AREA AND DIVISION HAVE POSTED

Club contests should be held from January 1 to February 6, 2011.  
Area contests will be held from February 7 to March 21  
Division Contests will be held from March 22 to April 12  
District Finals will be April 30, 2011 at the Spring Conference at the Double Tree in Tarrytown, NY



### SPECIAL WORKSHOP ON RUNNING CONTESTS AND BEING A JUDGE

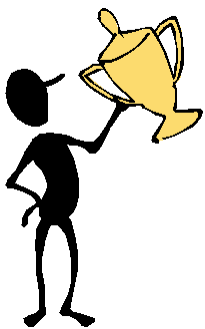
Saturday, January 8 – NY Life – 27 East 27th Street, Manhattan  
Information on District website.

### CLUB BANNERS

Toastmasters International store traditionally closes for several weeks toward the end of December. If you want to have your club banner in time for the Spring Conference Parade of Banners, order as soon as possible. It can take up to 3 months to arrive.

### Club Excellence Award

On November 12th, the members of the 6 clubs that achieved the Club Excellence Award last year celebrated by having a special “meet and greet” session with World Champion of Public Speaking, Jim Key before his skill building workshop. He put together a special 20 minute presentation just for them. How can your club achieve this milestone in 2010-11? Keep your eye on this check list. The next goals will be:



- 1) Making sure that all 7 of your officers attend the winter officer training between now and February 28th;
- 2) Having a contestant in each of the Spring Area contests – remember that a club can either hold a contest or “appoint” a contestant to represent the club so every club can achieve this goal.
- 3) Having a contestant or official in both of the two Spring Division Contests (make sure that if you don't have a contestant, two people volunteer for timer, SAA, judge etc. for the Evaluation and International Speech contests – that's two warm bodies showing up! You can volunteer at ANY Division's contest – doesn't have to be the division for the club you're representing. Be sure the Division Governor knows which club you're representing at each contest).



## Club Excellence Award Checklist:



- A contestant in all 4 Area contests
  - Fall (Humorous Speech and Table Topics)
  - Spring (International Speech and Evaluation)
- A contestant or official in all 4 Division contests
  - Fall (Humorous Speech and Table Topics)
  - Spring (International Speech and Evaluation)
- Your Fall membership dues paid on time (by October 10, 2010)
- Your Spring membership dues paid on time for at least 20 members
- Net membership gain or at club bylaws cap as of June 30, 2011
- All 7 officers trained Summer (June-August 2010)
- All 7 officers trained Winter (December 2010-February 2011)
- 2 members attending Fall Conference
- Club banner carried in Fall Conference "Parade of Banners"
- 2 members attending Spring Conference
- Club banner carried in Spring Conference "Parade of Banners"
- Perfect 10 DCP

*The winners of this year's Club Excellence Award will have an opportunity to attend a similar VIP event in the Fall of 2011. I hope to see you there!*

### WHY GET YOUR CC?

We are constantly emphasizing that Toastmasters isn't a school. It's not a place where you have to live up to outside expectations, or a timetable someone else imposes on you. It's a safe environment where your club allows to progress at a speed that's comfortable for you, to try new things, and to be applauded even when you don't succeed as you had wished.

Nevertheless, the 10 speech projects contained in the Competent Communicator Manual are truly important, and to get maximum benefit from the program you should progress steadily through them. They guide you gently through the elements of speaking, building on skills. Until you've tried your wings at accomplishing these 10 goals, you won't know where you need to put your effort.

Stuck on a particular project? I say – go for it. Dare to take a chance and see what happens. If you are frightened of moving away from the lectern or using gestures, figure out one place in your **speech #5** where a strong gesture will be appropriate, and use that. Your club members will cheer you on. You don't have to be Fred Astaire! And the next time it will be easier.



If you are constantly being asked to increase your volume, or add pauses, or vocal variety, don't let that keep you away from **speech #6**. Pick one thing that you can do – maybe choose a speech topic that has natural breaks in the information, and deliberately build a 5 second pause into those breaks. Again, if this has been an issue for you, your club members will recognize that achievement. If you can't think of a speech topic and you're really feeling pressured and stuck, ask your VP Education if you can present a Better Speaker Series pre-written speech module on choosing a topic. By studying the material, you'll not only help yourself, but you'll share the valuable information with your club members – you're probably not the only one struggling with this problem. It will get you up in front of the club speaking, and you can "save" the credit for giving that speech until you need it for your Advanced Communicator Silver award (just be sure your VPE completes and signs your evaluation).

Each of these tiny steps allows you to move forward. Each time you challenge yourself to meet a goal, you will grow. And by the time you're a Competent Communicator, you will have conquered the basics. That's why we set goals. Still stuck? Give me a call! Penelope Boehm, DTM, LGET 212-864-6765

## BELIEVE IT, ACHIEVE IT! EDUCATION AWARDS

Congratulations to the clubs that have already won these "Believe It, Achieve It" awards:



- 1) **Club achieves 5 or more CCs** by April 15, 2011 Recognition by TMs Int'l President and an Outstanding Member Pin per member at 2011 Spring Conf. in person

*Bryant Park Toastmasters  
Queens Best Toastmasters*

- 2) **Club achieves 3 or more ACs** by April 15, 2011 Recognition by TMs Int'l President and an Outstanding Member Pin per member at 2011 Spring Conf. in person

*2 Broadway*

- 3) **Club earns 3 Leadership Awards:** CL, ALB, ALS, or DTM by April 15, 2011 Recognition by TMs Int'l President and a Gavel Pin per member at 2011 Spring Conference in person

*Bryant Park Toastmasters  
Hunterspoint Toastmasters  
TORCH (Toastmasters of Riverside Church)*

### Top 10 clubs with highest education awards per 7/1 base membership

Club	Name	Educ awards	July 1 base	Ratio
5596	Global Expression Club	4	14	0.286
1020463	Hunterspoint Toastmasters	6	24	0.250
9978	Voices of Rochdale Club	4	20	0.200
2413	Northern Brookhaven Club	4	24	0.167
1234	Brooklyn's Best Toastmasters Club	4	25	0.160
2895	Bryant Park Toastmasters Club	9	59	0.153
9938	United We Stand Toastmasters Club	3	20	0.150
2676	TIC Toastmasters Club	3	20	0.150
1356476	Pinnacle Speakers	3	21	0.143
8069	BNL Toastmasters Club	3	21	0.143

## Educational Achievements

Congratulations to all our Toastmaster members who achieved one or more educational and leadership awards so far! Here is a list of those individuals who achieved awards from November 1 to November 30, 2010

Club	Name	Award Received
2 Broadway Club	Hartmann, Helen M.	CL
BNL Toastmasters	Brackett, Louise N.	CC
	Foster, Margaret C.	CC
	Lin, Beth Yu	CL
Bronx Toastmasters Club	Green, Marcia	ACS
Brooklyn's Best Toastmasters Club	Piekarski, Frumie	ACB
Bryant Park Toastmasters Club	Cameron, Danusia	CC
	Chandradat, Christine	CC
	Romashko, Marina	CC
	Usnik, Toby	CC
Federal Toastmasters Club	Sakagami, Keiko	CC
F.R.O.G. Club	Boyarsky, Jeanne	CC
Hunter Toastmasters	Rodriguez, Edwin	CC
Hunterspoint Toastmasters	Lewis, Harriet	ACB
Global Expression Club	Yongjae, Lee	CC
IBM Somers Toastmasters Club	Backer, Augustine R.	CC
Pacers Toastmasters Club	Guillaume, Cassandre	CC/CL
Powerhouse Speakers Club	Cavalluzzi, Linda	CC
Queens Best Club	Veerasammy, Rookmatie	CC
S&P Effective Communicators Club	Hish, Jason	CC
Toastmasters of Riverside Church (TORCH)	Li, Xiaoguang	CL
The Amazings	Baxter, Julia Rose	CC
The New Voice	Sanchinell, Bryan E.	CC
TIC Toastmasters	Yates, Larry R.	ACB
Toast of Queens	Pilotti, Victoria	CL
Voices of Rochdale Club	Hutton, Karen T.	ALB/ALS
Westchester Toastmasters	Zeh, Donna	CL

*Believe it, Achieve it!*

# District News:

Earlier this month, our district had the honor of hosting our region's (Region 9) Toastmasters International Region Advisor Marketing (RAM) Heather Perkins, DTM, for two solid days—from November 10 through November 11. Heather traveled from Canada to visit us and participated in a whirl-wind of district events.



and Lt. Gov. Marketing Serebrenik, DTM) and our Immediate Past District Governor, Mary Neff, DTM, discussing the challenges of district educational and marketing issues.

On November 10th, Heather visited 5 clubs in 3 special meetings and discussed with each the various challenges and successes of Toastmasters clubs in our district. Among them: Premier (Area 22), The New Voice (Area 45), S & P Effective Communicators (A24), McGraw-Hill Noontime (A34), and The Amazings (Area 41). The three McGraw-Hill clubs met at 55 Water Street, Lower-Manhattan for a special noon-time celebration of 20 years of strong and continued commitment by Mr. Terry McGraw, Chairman and CEO of the McGraw-Hill Companies. It was a very special and encouraging meeting for members and guests alike.



On Saturday, Nov. 11, Heather was up and running early again, attending our morning district meeting at the Associated Press, where she discussed at length with over 40 district officers about the importance of club support and spoke about ideas on starting new district clubs. Past International Director Mark LaVergne complemented her discussion with an interactive brainstorming session on



specific actions our district and club officers will take to bring Toastmaster programs to our neighborhoods, work, and social communities. We expect to follow-up with many of the specific new club ideas and possibilities. Heather then helped kick off the first of our seven Winter officer training sessions by attending the Super Saturday Toastmasters Leadership Institute club officer training for the remainder of the afternoon, and delivered a general session workshop on how to achieve club leadership and club success. RAM Heather Perkins' visit to our district was very successfully concluded, and we thank her for her dedication to Toastmasters and to the success of our district!



During the day, Heather was also interviewed via a conference call by aspiring media & radio personality Division F Governor

Brian Cohen, DTM, together with our District Governor Steve Chen, DTM, and Lt. Governor Marketing Raisa Serebrenik, DTM. Heather discussed and shared a range of marketing ideas to



help our corporate and community clubs to succeed—especially on maintaining strong membership and club leadership commitments. The interview excerpts will be used in our upcoming marketing efforts and could be available on our district website. The day ended with a dinner meeting with the district Trio (District Governor Steve Chen, DTM, Lt. Gov. Education & Training Penelope Boehm, DTM,



All photos provided by: Ralph M. Ferraro of Knickerbocker Toastmasters Club; Sandi Henson of S&P Effective Communicators; and Derek Chen of NY Toastmasters.

*Believe it, Achieve it!*

## Media Alert!! Senior District 46 Leaders as Seen on TV!



On December 4, 2010, District 46 Governor Steve Chen, DTM, Lt. Governor Marketing Raisa Serebrenik, DTM, Past International Director Mark LaVergne, DTM, Past District 46 Governor Amelia Abad, DTM, Division C Governor Jacqueline Keggins Shaulis, DTM, and Fern Rashkover, DTM visited the Staten Island Community Television at the Time Warner Building in Staten Island, and participated in the taping of two episodes of the cable television show "Toastmasters in the Community."

The twice-monthly TV show was hosted by Past District 46 Governor Fran Okeson, DTM, assisted and participated by Past D83 Governor Paul Scharf, DTM, his wife, Sandy and a dozen experienced and enthusiastic Toastmasters.



During the taping of one episode, Steve, Raisa, Amelia and Mark each delivered a project speech and Jacqueline conducted an interview session. Fern and Steve also conducted the Table Topics portion and co-hosted together with Fran the first and second show respectively (or individually). These 2 episodes are being aired in Staten Island during the month of December.



### *It's A Star . . . It's A Comet . . . No, It's Our International President!*

How many times does an International President visit our District? . . . As often as a comet passes through our constellation! That's right. We haven't had an International President visit our District since 2004. However, this year our District won the Toastmasters Lotto! On April 28, 2011, our current International President, Pat Johnson, is visiting us for three or maybe even four days. So . . . be ready!



On Friday, April 29, we will have a big event in the evening where Pat will recognize all the clubs that achieve Perfect 10, President's Distinguished and have paid their April semi-annuals to World Headquarters for 20 or more members. She will also recognize clubs who have 5 or more CCs, 3 or more ACs, 3 or more CLs, plus Sponsors and Mentors for new Clubs and Club Coaches who were successful in assisting a club to get to charter strength. After the recognition by Pat, there will be a photo-up with various groups who have achieved their goals. The photos will be posted on the website.

Pat loves to sing. So our Friday evening recognition program will close with a karaoke program. The talented Pat will sing. And those with musical talents: gear up and be ready to sing with Pat. Because it's karaoke, even those with no musical talent (like me!) can participate.

On Saturday, April 30, at our District Conference, Pat will conduct a general educational session in the morning. Later that evening, Pat will be our keynote speaker at the banquet preceding the International Speech contest.

### **Call for Workshop Presenters at the Spring 2011 Conference -- deadline 1/22/2011**

*Brad Shilling, DTM, PDG, Education  
Chairman, Spring 2011 Conference*

The Spring 2011 District 46 Conference will be here before you know it. As District 46 will have a Presidential visit for the first time in 6-1/2 years, this should shape up to be an exciting, educational and entertaining conference!

We will also have exciting, educational and entertaining workshops at this Conference. Our workshops will involve the topics of Communication, Leadership, and Personal Growth. If you or someone you know is interested in presenting a workshop that fits into one of those categories, please fill out the form on the District 46 website at [www.toastmasters46.org](http://www.toastmasters46.org). The deadline is January 22, 2011. Please note that we cannot guarantee that everyone who applies will be selected to present a workshop.

I'm Looking forward to a  
GREAT CONFERENCE, and I hope to  
see you there!

# Division News:

## *Division F - Finding Opportunities*

**By: Division F Governor: Brian Cohen, DTM**

What an incredible month it has been for many of our members. I am happy to say this includes me also. Hang on for this ride because it is going to be fun. Division F saw many of its members travel in new directions which have created new opportunities to speak and grow.

Andrea Vilardi Suffolk Toastmasters, first time on blog radio was an invited guest of Eileen Lichtenstein. Eileen has been a fan of Toastmasters for years and asked Andrea to be interviewed. Great job by both parties. Andrea was super in her ability to know Eileen's audience and by doing so it added greatly to the interview. They had a caller that was sooo good, he was asked to be a guest speaker on February 2nd. Oh, that was me. See what happens when you take a chance, some one else pays the price.

Joann Dobrowolski EZ Speakers member is yet another success story. This one is still in the making. I had the opportunity to enjoy Joann's leadership skills and she took care of 4 models that will be shown on News12 TV Show Jobline this month. Joann will be interviewed by the shows host allowing her to use her Table Topics skills. See if you recognize the models. Tammie Hernandez, Babylon Babblers was the pretty one and, well let's just say that this was another new adventure for me.

Area 63 Governor Dhamana Shakespeare-Turner addressed the Long Island Dietetic Association (LIDA), where she spoke about and demonstrated ways to be a more engaging speaker to a very enthusiastic audience. This was a great way to add value and attract new members.



Area 64 Governor Margaret Marshall gave a speech to an audience in Huntington. OK, it wasn't her first presentation, but it was the first time she had Toastmasters in attendance evaluating her. Afterwards of course.

Area 65 Governor Rosemarie Bruno also gets on the airwaves for the first time. Radio for this interview and it was all business. I paid very close attention to this because I have my own challenge coming up. It was interesting to listen to the content but also how well Rosemarie sounded answering those questions. Must be the practice we get doing Table Topics

Keith Godwin from Easy Speakers takes Table Topics to a new level. Keith is enjoying himself doing Improv and kindly invited all Toastmasters to attend one of his shows. On January 29th I'll be back on the comedy stage. We are doing a fundraiser for a charity I belong to.

Gregory Ann Cox, weekly audio message, Jess Todtfeld constantly doing seminars and workshops.

I am sure there are more success stories in this Division and throughout our district. I joined Toastmasters to become a better speaker. What I did not realize is that I would be surrounded by such great, enthusiastic and supportive people. I have learned so much from so many, so thank you.

There are two more people that I must also mention. Tim Healy, not a Toastmaster. Rochelle Rice, is a Toastmaster and then some. I mentioned to my club that I wanted to speak to 5000 people in 2010. My President, Ingrid Syperski thought it should be 5000 at the same time. Now, how I my supposed to do that? And then along comes Tim. While Joann, yes TV star Joann and I were discussing this lofty goal, Tim said, no problem. I have a radio show, The Profit Express, and I can interview you on Toastmasters. Tim not only did you help me achieve a goal, you also allowed me to get to know our newest Accredited Speaker, Rochelle Rice, Rochelle is also in the December issue of the Toastmasters magazine. Rochelle and I were both on Tim's show and we had a blast. For almost an hour we laughed, we cried and we said less aahs than umms. Three between the two of us in an unscripted interview, not bad, and less than Tim. It was his show so we didn't count them. OK, I did.

If you haven't stepped beyond your comfort zone, then do it now. Don't worry, don't think and please do not hesitate. There are new opportunities outside this zone and they are yours for the taking.



# Club News:

## *Harold McGraw III, Chairman, President and CEO of The McGraw-Hill Companies, Receives Toastmasters International Honors from RAM, Heather Perkins*

By: Rafay Khalid & Anna Gee, S&P Effective Communicators Club and Neerja Purang, Division B Governor

Communication is a core value at The McGraw-Hill Companies and plays a vital role in helping employees meet their own and the corporation's growth objectives. Recently, Mr. Harold McGraw III, also known as Terry, was honored by Toastmasters International for promoting communication and education. Toastmasters International has chosen to honor Mr. McGraw and The McGraw-Hill Companies for its outstanding strategic community service. Many toastmasters have made and continue to make a significant impact in the communities where they live. This award serves to support their continuing efforts. "It is Terry McGraw's strong and sincere belief in the Toastmasters International and the company's communication and leadership program that brought us together today. We are here to celebrate and acknowledge his continued support of Toastmasters International and many of its programs within The McGraw-Hill Companies" said Neerja Purang, the Division B Governor and active member and past President of Standard and Poor's Effective Communicators in her welcoming remarks.

Standard & Poor's hosted the event at its 55 Water Street location in the downtown financial district in New York City, where the venue for the awards ceremony was beautifully decorated with red and white poinsettias, snowflakes, and other festive holiday decorations. Toastmaster of the Day, Francois-Xavier Charpentier, Area 24 Governor and immediate past president of Standard and Poor's Effective Communicators, presided over the event. The highly anticipated event was attended by many District officers and special guests, including District 46 Governor, Steve Chen, and District 46 Lieutenant Governor of Marketing, Raisa Serebrenik. Other invited VIP's included Amelia Abad, PDG, and Mark LaVergne, PID, who helped charter the S&P Effective Communicators club with the help of two very dedicated and determined toastmaster members, Katie O'Connell, CTM, and Harry Aneziris, DTM. The special guest of the event was Heather Perkins, representative from the Toastmasters International, RAM, and Region 9. Ms. Perkins has been a member of Toast-

master since 1979 and is a Distinguished Toastmaster. The McGraw-Hill Toastmaster community is supported by Chairman, President and CEO, Terry McGraw, and continues to flourish under the direction of its members and leaders. "Bottling the essence of Mr. McGraw would be truly magical," said Ms. Perkins in her presentation speech. Better communicators lead to a better society," according to Ms. Perkins. The awards ceremony acknowledged the multifaceted talents of each of the three Toastmasters clubs chartered under The McGraw-Hill Companies, including Standard & Poor's Effective Communicators, Noontime Express and The Amazings. Many of our members have been recognized for their outstanding professional achievements, civic commitment and leadership. The McGraw-Hill Companies has been a corporate sponsor of Toastmasters for almost 20 years.

.....  
***"It is Terry McGraw's strong and sincere belief in the Toastmasters International and the company's communication and leadership program that brought us together today"***

- Neerja Purang, Division B Governor

.....  
 Alberta Esposito, executive assistant to Mr. McGraw, accepted the Recognition of Excellence plaque on behalf of Mr. McGraw. "I spoke with Mr. McGraw before the event and he was delighted about it (the event and excellence plaque)," according to Ms. Esposito, who delivered an eloquent speech. Ms. Esposito discussed joining Toastmasters to overcome her shyness and fear of public speaking. The strength of each club is driven by its members, who grow through their experiences and become great leaders. Also in attendance and receiving certificates and plaques on behalf of their respective clubs were Georgia Jones, currently Standard & Poor's Effective Communicators Vice-President of Membership, Gina Santoro, Corporate Toastmasters Award Administrator, Julia Baxter, president of Noontime Express and Preetam Sirur, president of The Amazings.

The event demonstrated The McGraw-Hill Companies commitment to communication and its goal to help people around the world learn, grow, acquire new skills, better their lives and better their communities. To help employees accomplish this, McGraw-Hill offers a variety of programs, including Toastmasters, which support its employees' commitment to giving back to their communities.

This extraordinary event was concluded by past President of Standard and Poor's Effective Communicators Club and current Division B Governor, Neerja Purang, with acknowledgments of RAM Heather Perkins, VIP guests and Mr. Terry McGraw.



L to R: District 46 LGM, Raisa Serebrenik, Division B Governor, Neerja Purang, Area 24 Governor, Francois-Xavier Charpentier, Executive assistant to the Office of the Chairman and President, Alberta Esposito, RAM, Heather Perkins, Corporate Toastmasters Award Administrator, Gina Santoro, and District 46 Governor Steve Chen (Photo by Sandi Henson)

# THE DTCC TOASTMASTERS CLUB –MONTH OF DECEMBER HIGHLIGHTS

By Mitchell Abramson, and Roxana Argintescu

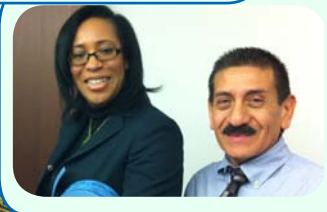
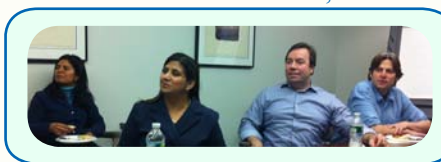
This has been a busy month for The DTCC Toastmasters Club (Club #8639 of District 46). On November 23rd, they were visited by guest speaker Dana Lamon, seasoned Toastmaster and World Champion of Public Speaking (1992) who has given inspirational speeches to more than 80,000 people on the subject of meaningful living. This was a special event jointly hosted by the DTCC club and the S&P Effective Communicators Club (both located at 55 Water Street), and the event centered on a 30 minute inspirational speech by Dana on what he referred to as “the four pillars that give life meaning,” followed by Q&A. DTCC thanks S&P for their involvement in this event and for providing both the conference room and refreshments for this event. A very special thanks from both clubs goes to Dana for making the long journey and inspiring our club members! For more information on Dana, please visit his website at <http://www.danalamon.com/AllAbout.htm>. Here you will find a link to information about the inspirational books he has written and published.

Just weeks later, on December 14th, the DTCC Club celebrated at their annual Holiday party holding the event in their regular meeting room at 55 Water Street. The event was a great success largely thanks to the time and efforts from the DTCC Toastmasters Officer team who also provided a pot-luck of many different holiday treats. The event centered around a raffle with a variety of prizes including, among other things, a 30-day gym membership, a \$50 gift certificate to a local restaurant, an official Gund teddy bear, a Starbucks gift basket, and the book “The Soul’s Mirror: Reflections on the Fullness of Life” written by Dana Lamon.

In the interest of keeping the event light and fun, and also in the interest of time, the only standard Toastmasters roles filled at this event were:

Toastmasters, Timer, and Table Topics Master. But no event is truly successful without the people who choose to take time out of their busy schedules to attend it. This event was attended by a mix of DTCC Toastmasters club members, members of the S&P Effective Communicators club, and a few very special guests! Neerja Purang, Division B Governor, attended the event and even won two of the raffles! Neerja graciously returned her second winning for another drawing to give more members a chance to win a prize. The Past President of the DTCC Club, Reuben Gardner, also attended the celebration and gave an inspirational speech on life and pursuing one’s dreams. Turnout filled the room, and the raffle helped raise money to be used by the DTCC Toastmasters Club to fund other events or cover expenses that help all of our membership. The DTCC Toastmasters Club would like to thank its members, the S&P Effective Communicators Club, and the area, division, and district governors for their encouragement and support.

**Warm and happy holiday wishes to District 46!**



**Extra, Extra**

**Enter your Club in the  
District 46  
Newsletter Competition**

*1st Place: \$50 Toastmasters International Gift Certificate  
2nd place: \$25 Toastmasters International Gift Certificate  
3rd Place: \$10 Toastmasters International Gift Certificate*

**Winners will be announced and awarded by  
Toastmasters International President  
Pat Johnson, DTM, at the April 30, 2011 Spring Conference.  
See the District 46 Website for deadline and  
submission guideline information**



“World Voices TMs celebrates holiday with a theme meeting and in style!”



*Believe it, Achieve it!*

# True Potential Blinks, and Westchester Advanced TM Captures Gavel!!!

-By Mary Neff, DTM, IPDG

On November 29th, I led a raiding party from Westchester Advanced Toastmasters, a group of five well-known Toastmasters in the district, to visit our District Governor Steve Chen's home club True Potential Toastmasters. The visitors included WAT club president Vanessa Simon, past District Treasurer and WAT treasurer Jeff Jardine, and three past district governors: Brad Shilling, Elaine Rogers, and Mary Neff (yours truly).

Westchester Advanced Toastmasters was chartered in June of 2004 and meets at the Fair Deal Restaurant in White Plains from 7-9 on the second Thursday of each month. Members must have a CC and be members of a regular club—so in a sense, WAT isn't anybody's home club! WAT was a select distinguished club in 2009-2010.

It was a wonderful experience for us, a relatively new club in the northern suburbs, to visit the stalwart 25+ year old club in Queens. True Potential members were truly great hosts. The meeting began with Javed Ahmad, Club President calling the meeting to order, followed by inspirational message from Nerya Muradev and pledge of allegiance, the joke by Karl Stayna, and the word of the day, "propitious" – a great word for the occasion—from Len Lubarsky. The Toastmaster was none other than District Governor Steve Chen, who was nice to us even though we'd come to steal the gavel. Two new members were voted in and reentered the room to loud applause. In attendance were veteran members, too, including Karl Stayna, member since 1984, and past area governor Len Lubarsky. WAT VPM Elaine Rogers led a Table Topics session where the victims, er, participants picked a sheet of paper with a flag on it and then had to answer a question

telling what they would do if they were in a certain situation in that country. The respondents were all very creative.

The prepared speeches were given by Ezra Jordan (CC #5), evaluated by WAT member Brad Shilling; Rhoundy Jones (CC #6) evaluated by TP member Marcos Martinez, and Jonggu Moon (CC #8), evaluated by WAT member Jeff Jardine. Ezra

gave a motivational speech with true potential to be a contest speech, Rhoundy told us how to say it, and Jonggu inspired us with a speech with visuals about his volunteer month in a clinic in Mongolia. What a variety of speeches, and we all learned something!

It was a wonderful evening, we are grateful to our hosts at True Potential for putting on a great meeting, allowing us to meet up with Toastmasters we'd never met before and old friends that we usually only see at contests and conferences. We saw them in their home environment, on their home turf.

That's where it's at, where we Toastmasters grow in confidence one speech and one evaluation and one

table topic at a time. We look forward to welcoming another District 46 club to our home turf at Westchester Advanced Toastmasters and wish the gavel a speedy trip to more clubs in District 46!



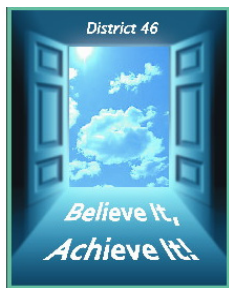
And then Westchester Toastmasters came along.....

**We did it--**Westchester Toastmasters #863 has captured the gavel from Westchester Advanced Toastmasters! Not only did we enjoy a terrific host club meeting, featuring guest speaker Walter Beveridge, DTM who provided us with tips on how to prepare a speech in 15 minutes; we got to take home the best door prize of all.



*Believe it, Achieve it!*

## 2010- 2011 District 46 Officers:



*District Governor: Steve Chen, DTM*

*Lt. Governor Education & Training: Penelope Boehm, DTM*

*Lt. Governor Marketing: Raisa Serebrenik, DTM*

*Immediate Past District Governor: Mary Neff, DTM*

*District Public Relations Officer: Linda Calderon, CC*

*District Secretary: Sara Adair, ACG/ALB*

*District Treasurer: Tony Figueroa, DTM/PDG*

*District Sergeant at Arms: Derek Chen, CC*

### **Division A Governor: Melissa Shumer, ACB/ALB**

*Area 11 Governor: Jeannette Steadman, ACS/ALB*

*Area 12 Governor: Bruce Segall, ACB/CL*

*Area 13 Governor: Dianne Jones, ACS/CL*

*Area 14 Governor: Karen Phelps, ACB/ALB*

*Area 15 Governor: Diane Miller, ACB, CL*

### **Division B Governor: Neeja Purang, ACS, CL**

*Area 21 Governor: Michael Matsas, CC/CL*

*Area 22 Governor: Abhoy Sircar, ACG/CL*

*Area 23 Governor: Karthik Paladugu, CC/CL*

*Area 24 Governor: Francois-Xavier Charpentier, CC*

*Area 25 Governor: Camille Dyer, ACG/ALB*

*Area 26 Governor: Steven Forney, ACB*

### **Division C Governor: Jacqueline Keggins Shaulis, DTM**

*Area 31 Governor: Bill Colihan, CC/ALB*

*Area 32 Governor: Michelle Edery, ACB/ALB*

*Area 33 Governor: Todd McKinney, ACS/ALB*

*Area 34 Governor: Jennifer Chan, ACB/ALB*

*Area 35 Governor: Robert Goodman, ACB*

### **Division D Governor: Carol Brooks, CC/ALB**

*Area 41 Governor: Diane Parker, CC*

*Area 42 Governor: Annaliza Martinez, CC*

*Area 43 Governor: Kedeasha Simpson, ACB*

*Area 44 Governor: John Schaffer, ACB*

*Area 45 Governor: Andy Lewis, ACG/CL*

*Area 46 Governor: Sergiy Mizevych*

### **Division E Governor: Kazuo Noguchi, ACB/CL**

*Area 51 Governor: Gabrielle Pierre, CTM*

*Area 52 Governor: Lori Merriam, CC*

*Area 53 Governor: Tushar Deshpande, DTM*

*Area 54 Governor: Raoul Yacinthe, CC*

*Area 55 Governor: Vashti Sankar-Deonarine, ACB/ALB*

### **Division F Governor: Brian Cohen, DTM**

*Area 61 Governor: Ken Beiner, CC*

*Area 62 Governor: Shelley Schubach, CC*

*Area 63 Governor: Dhamana Shakespeare-Turner, ACB/ALB*

*Area 64 Governor: Margaret Marshall, CC*

*Area 65 Governor: Rosemarie Bruno, CC/CL*

## 2010- 2011 District 46 Committee Chairs:

Club Success Chair.: Amelia L. Abad, DTM/PDG

District Marketing Advisor: Mark LaVergne, DTM/PID

District Education Administer: Glenice Bond, DTM

Fall Conference Chair.: Andrea King, ACB/ALB

Spring Conference Chair.: Salvatore Oppedisano, CC

Toastmasters Leadership Institute Dean: Lois Lawrence

Club Extension Chair.: Cassandra DeLaMothe, ACS/ALB

Club Retention Chair.: Lorraine Treadwell, DTM

Membership Retention Chair.: Letitea Archer, DTM

District Chief Judge: Heike Estey, DTM

District Technical Advisor: Michael Trollan, ACS/CL

Senior Webmaster: Michael Friedlander, ACS/ALB

Webmaster: Derek Chen, CC

Spring Conference Education Chair.: Brad Shilling, DTM/PDG

Spring Conference Registration Chair.: Varghese Kottayadi, CC



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